



What is a One Page Profile?

A one-page profile is a summary of what is important to you and how you need to be supported.

It can be used as an introduction and you can give your One Page Profile to teachers in school, tutors at college or anyone working with you that you feel would benefit in understanding your needs and how to support you.

This is your document and therefore cannot be shared without your consent (if you are over 16 years of age).

It creates a more person-centred approach to supporting your needs. There are 3 simple questions to be considered:

- What people appreciate about me
- What is important to me
- How to support me

Click on the link below to find out more about One Page Profiles:

[One-page profile templates - Helen Sanderson Associates](#)

Or, click on the image below to download a copy and get started on your own One Page profile:

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Who can I speak to if I have questions about One Page Profiles?

You can speak to us: Bexley SEND IASS

You can contact us by telephone, email or ask your parent carer to fill in our self-referral form on the website. The links are below:

Call us on:
0203 045 5976

Email us at:
bexleyiass@bexley.gov.uk

Or fill in a website self referral form